

WEDNESDAY WORK OUT

STEP-LADDER/INCH-WORM PATTERNS

MAJ/MINOR 3RD MOVING CHROMATICALLY 4-NOTE SEQUENCE

TUCKER ANTELL

STARTING WITH ASCENDING THIRD

HALF STEP IN THE SAME DIRECTION AS CHROMATIC MOVEMENT

4

MINOR 3RD MAJOR 3RD

7

10

MAJOR 3RD MINOR 3RD

13

13 HALF STEP IN THE OPPOSITE DIRECTION AS CHROMATIC MOVEMENT

16

19

22

